

LAURA ROSE BOYLE, LMT, RYT

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SUMMARY OF QUALIFICATIONS

- Ten years of experience with training in a wide spectrum of massage modalities
- Holistic approach with specializations in Natural Therapeutics, Oncology & Pre-natal massage
 - Enjoys empowering people to do self-care including yoga and breathing exercises
 - Experienced massage instructor
 - Enthusiastic, positive and calm attitude

PERSONAL STATEMENT:

Listening to each client with tactile and verbal communication skills enables me listen and respond to their needs, assisting them to feel peace, relaxation and the body's natural ability to heal itself. I use a variety of effective massage modalities to ensure that clients are feeling better than when they arrived, relaxed and refreshed.

EDUCATION:

New Mexico School of Natural Therapeutics, *Natural Therapeutic Specialist*, Albuquerque, NM, 2001.
750 hours of training in Anatomy & Physiology, Swedish Massage, Myofascial Release, Polarity Therapy, Reflexology, Shiatsu, Hydrotherapy, Ethics, Business, Flower Essences, the Philosophy of Natural Therapeutics, Homeopathy, Aromatherapy, and Herbology.

University of New Mexico, *Bachelor of Fine Arts–Art Studio - Photography*, Albuquerque, NM, 1998.

EXPERIENCE:

Massage Therapist, *Private practice*, Albuquerque, NM, Glenview, IL and Chicago, IL

Natural therapeutics and massage practice in an office setting and various on-site locations. I have worked with diverse clientele with various needs and conditions including multiple sclerosis, arthritis, pregnancy, osteoporosis, fibromyalgia, broken bones, cancer, whiplash, and sciatica. June 2001 – present.

Instructor, Special Populations - Master Clinical Massage Program, *Soma Institute*, Chicago, IL, 2009-2010.

Instructor, Oncology Massage & Manual Lymph Drainage, *Asheville Center for Massage*, Asheville, NC, 2009-2010.

Massage Therapist & Co-Director of Grant-Funded Program, *Mercy Hospital*, Chicago, IL

Assisted with writing grant proposals and co-directing a program called *Whole Women, Whole Health* that provides free complementary and alternative therapies to survivors of Breast Cancer. Clients are within five years of ending treatment and are dealing with many side effects of cancer treatment. The program offers therapy, acupuncture, nutrition, yoga and meditation to help them recover and gain a higher quality of life. February 2005-March 2008.

Massage Therapist, *Hands On Therapy*, Glenview, IL

Swedish, Thai, deep tissue, myofascial and hot stone massage in a clinical setting. December 2002 – August 2006.

Massage Therapist, *Jemez Hot Springs Bath House*, Jemez Springs, NM

Relaxation, Swedish, deep tissue and hot stone massage. July 2002 - October 2002.

Spa Technician & Massage Therapist, *Barbara Ehrlich Spa Services*, Albuquerque & Santa Fe, NM

On-site spa treatments including hot stones, facials, salt scrubs and massage. July 2001 - October 2002.

Residential Assistant, *ARCA*, Albuquerque, IL

Provided care for adults with developmental disabilities. June 2000-October 2001.

Administrative Assistant, *Longe Life Libraries*, Wheeling, IL

Provided administrative, computer and customer services for health libraries. October 1998 - December 1999.

OTHER EXPERIENCE:

Education Curriculum Committee Member *Society for Oncology Massage*, 2008.

Assistant Instructor and Workshop Administrator *Oncology Massage I & II with Isabel Adkins*, 2007.

Workshop Administrator & Promoter, *Breema Workshop-Retreats*, Chicago, 2007, 2008, 2009, 2010.

**CONTINUING
EDUCATION:**

Hakomi Comprehensive Professional Training, *Hakomi Institute*, Boulder, CO (current).
Inner Relationship Focusing, *Ann Weiser Cornell*, Levels 1-5, Berkeley, CA, 2008-2011.
PSYCHK, *Elizabeth Powers*, Boulder, CO, 2011.
Thai Massage Training, *Pichest Boonthume*, Chiang Mai, Thailand, 2010.
Yoga Teacher Training, 200 Hour RYT, *Global Yoga Center*, Chicago, IL, 2008.
Self Breema Instructor Certification, *the Breema Center*, Oakland, CA, 2009.
Pregnancy, Labor and Post-Partum Certification Course, *Kate Jordan Seminars*, 2008.
Anatomy Trains Manual Therapy, *Peter Ehlers, ASIS*, 2008.
Stop and Breathe – Relaxation Coach Training Program, *Mind and Body Yoga*, Lake Forrest, IL, 2008.
Breema Bodywork Certification, *the Breema Center*, Oakland, CA, 2003-2007.
Oncology Massage Healing Summit, *Toledo*, 2007 & *Minneapolis*, 2010
Oncology Massage I & II, *Massage Therapy Institute*, Isabelle Adkins, 2005, 2006.
Breast Massage, *Sothertan-Chan School*, Debra Curties, 2005.
Manual Lymph Drainage/Complete Decongestive Therapy, *Norton School of Lymphatic Therapy*, 2005.
Massage for People Living with Cancer, *AKS Massage School*, Gayle MacDonald, 2005.
CranioSacral Therapy I & II, *Upledger Institute*, 2004 & 2005.
Thai Massage Training, *Old Medicine Hospital*, Chiang Mai, Thailand, 2004.
Thai Yoga Massage, *Sunshine Network*, Asokananda, Chiang Mai, Thailand, 2004.
SomaVeda Thai Massage Practitioner Training I, *SomaVeda*, Chuck Duff, 2003.
Core Synchronism 1, 2 & 3, *NMSNT*, Robert Stevens, 2001, 2002 & 2006.
Colon Hydrotherapy, *NMSNT*, Robert and Debra Stevens, 2001.
Hot Stone & Spa Services Training, *Barbara Ehrlich Spa Services*, 2001.
Yoga Teacher Training 1 & 2, *High Desert Yoga*, Kim Schwartz, 2001 - 2002.

**PROFESSIONAL
ASSOCIATIONS:**

National Certification for Therapeutic Massage and Bodywork (NCTMB) #301429-00
AMTA – American Massage Therapy Association – Certified Professional
State of Colorado - Licensed Massage Therapist
Society for Oncology Massage – Professional Member

AWARDS:

Humanitarian Award, for *Whole Women, Whole Health at Mercy Hospital* Illinois Chapter of the American Massage Therapy Association, 2006.

OTHER INTERESTS:

Dancing, meditation, nature, mind-body consciousness, nutrition, hiking, camping, traveling, scuba diving, music, and photography.